Holding Space for the Early Childhood Community

The Pennsylvania Key Infant-Early Childhood Mental Health Program

Tele-Consultation Discussion Group for Early Childhood Professionals and Families

Holding space means to be with someone without judgment. To donate your ears and heart without wanting anything back. To practice empathy and compassion. To accept someone's truth, no matter what they are... Holding space means to put your needs and opinions aside and allow someone to just be.

John Kim, LMFT

"I did the Holding Space sessions for Directors (the 4 R's) and they have been VERY helpful in calming me! In the breakout groups I was able to share insightful information with facility directors who were still in the RED. I am a stronger Director now when it comes to listening before reacting, remembering to BREATHE and getting back to those who have questions instead of answering by instinct!"

Amy Carlson, Childcare Director Warren County YMCA

Register for an online discussion group for Early Childhood Education (ECE) professionals and families; *Holding Space: A conversation about the experience of re-entering.* The COVID-19 crisis has given us months of stress, change, and uncertainty. During this time, ECE professionals and families have come to depend on each other for support.

Join the conversation, learn and share your experience with others who are in your position.
Same topic both dates! Join one or both!

Holding Space July's topic: Glows and Grows of Re-Opening During COVID19

ECE Directors group: Tuesdays (July 7 and 21), 11:30am. Register at: https://bit.ly/2V4zxoc

ECE Families group: Wednesdays (July 8 and 22), 7:00pm. Register at: https://bit.ly/314Jmqb

ECE Teachers group: Thursdays (July 9 and 23), 1:00 pm. Register at: https://bit.ly/2BqFo0q