**Continuous Quality Improvement in PA- A Tool Kit**

**Mind in the Making**

The purpose of this form is to provide information about activities/initiatives that could support programs in addressing CQI after needs are identified through examination of relevant sources of evidence.

<table>
<thead>
<tr>
<th>Title of activity/initiative:</th>
<th>Mind in the Making (MITM)</th>
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</thead>
<tbody>
<tr>
<td>Purpose, goal and expected outcomes of the activity/initiative: How is this activity important to program quality?</td>
<td>The purpose of Mind in the Making (MITM) is to bring research on child development to early learning programs in a very accessible manner. The modules complement existing early childhood teaching curricula by focusing on what research says about early learning and demonstrates how to use this information in everyday practice. Participants learn about the importance of establishing learning communities and are motivated to create positive relationships within their programs between staff and children, and among staff members. Directors learn to support their staff in unique ways so that they are better prepared to support children and families. As a result, practitioners become intentional teachers who recognize that social, emotional, and intellectual learning are inextricably linked.</td>
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| Description of activity/initiative and any component parts: (Technical assistance, professional development, program assessment inventories, etc.) | There are two MITM Model sets: MITM – Learning Modules for Early Childhood Teachers and MITM-7 Essential Skills. **Delivery Options:**
1. **MITM – Learning Modules for EC Teachers**
   A. Traditional Model – 2 FWI trained Learning Facilitators deliver 24 hours of professional development for cohorts of 20 directors. The directors in turn provide this PD for their staff. Participating child care facilities receive a stipend for their participation.
   B. Model Variation for Small Groups & Family Providers – Cohorts of 10 or fewer directors may be lead by just 1 FWI trained Learning Facilitator.
   C. Model Variation for Large Child Care facilities – One or two FWI trained Learning Facilitator may present provide the 24 hour professional development directly to the facility staff provided the facility director also participates
2. **MITM: 7 Essential Skills**
   A. Model for directors who have completed the 24 hour MITM Learning Modules – Director completes a 6 hour MITM: 7 Skill session conducted by one of the approved Learning Facilitators
   B. Model for directors who have not completed the 24 hour MITM PA Model – Director completes an 9 hour MITM: 7 Skills session that includes an enhanced overview of the MITM Learning Modules (24 hours) conducted by one of the approved Learning Facilitators |

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| Program eligibility criteria or recommended programs for activity/initiative: | □ STAR 1  □ STAR 2  □ STAR 3  □ STAR 4  
| X Center  □ Group  X Family  
| Age Group Serving: □ Infant/Toddler  □ Pre-K  □ SACC  □ All  
| □ Head Start  □ Early Head Start  □ PA Pre-K Counts  
| □ Early Intervention Providers  □ School District  
| □ PCHP  □ NFP  Other: ________________________________ |
| Identify focus area(s) the initiative addresses: | -Best Practice in Teaching and Learning  
- Social Emotional Competence and Challenging Behavior |
| Website(s) for activity/initiative: | www.pakeys.org  
www.familiesandwork.org |
| Identify needs, questions or problems the activity/initiative addresses: | These sessions provide directors and teachers with the information needed to create an atmosphere that is supportive of children’s healthy social emotional development |
| Other initiatives, resources, organizations or professional development that support or enhance the activity/initiative: | - ECMH Consultation  
- Promoting Alternative Thinking Strategies for Preschoolers  
- Center on the Social and Emotional Foundations for Early Learning  
| Audiences for activity/initiative-list all that apply (management team, staff, parents, children, board, community etc.): | - Early care and education teachers  
- Early care and education directors |
| Research or national context to support the activity/initiative - How is this activity important to program quality? | National Scientific Council on the Developing Child (2005). *Children’s emotional development is built into the architecture of their brain*.  
| Keystone STARS or Program Standards addressed and CBK Topic Codes (if applicable): | - Knowledge Area 1 – Child Development  
- Topic Code: 02 |
| Where to find more information or materials: | Families and Work Institute (FWI) |
| Other clarification or information about the activity: |  |
| Contact person for questions about this Activity/Initiative: | Michele Walsh, Early Childhood Mental Health Project Manager  
PA Key micwal@berksiu.org |